## 15 mins



Wheezing is a whistling, almost musical sound made during breathing and tends to be more noticeable on the out breath. Sometimes wheeze sounds squeaky. It is caused by the narrowing of airways and is more common in babies and young children because their airways are small, but wheeze can be a sign of breathing problems like asthma.

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Can you get a trumpet band together? A group of children blowing their trumpets together will make quite a sound.