

10 mins

## Science

Pollen is a fine powdery material produced by trees, flowers, grasses and weeds to fertilise other plants of the same species. Pollen is moved from plant to plant by insects and other pollinators but also travels in the air which is when it can cause problems for us. Because pollen is so fine, we can breathe it into our nose and for some people this causes an allergic reaction called hay fever.



Now tie the first piece of wool into a half knot and ease the whole bundle up of your child's hand. Pull the knot tighter and secure



Cut the loose ends to release the pom pom strands.



Keep trimming it with scissors until it looks like a fluffy ball.