

10 mins



Blowing air through a small gap causes the piece of paper to vibrate making the sound. Try doing this outdoor with a piece of grass!



Science

Wheeze is a high-pitched whistling sound made during breathing. Respiratory infections or conditions like asthma can cause airways to become inflamed and narrow. The wheezing noise is caused by air being pushed through airways that are narrower than normal. Wheezy breathing in babies and young children is common but worth getting checked out by your doctor, especially if the child is distressed, not able to feed properly or lethargic.