

15 Mins



The Science

Even when we are healthy our lungs produce quite a bit of mucus every day.

Sometimes it might come out in coughs and sneezes but mostly we just swallow it, we usually don't notice and it doesn't do us any harm.

How to:



Place your ingredients in the blender and whizz up. Use milk to alter the consistency if you need to.



Make a few different versions with different combinations of ingredients.



Hold your snout tasting experience! You could make a snout colour chart from clear to bright green!