

1 Hour

## Science

It is important that we have lots of different kinds of microbes living in our lungs to keep us healthy, including bacteria, fungi and viruses. If any one species takes over more than it should then it can lead to an infection. But if we have lots of diverse species of microbes then they will keep each other in a healthy balance.

You can make the meringues look like microbes by adding food colouring, cake decorations and chocolate sprinkles. Swirl in cocoa powder and freeze dried raspberries for different flavours!



Put the blobs of meringue on a greased baking tray. Spike up with the back of a spoon. Decorate. ●●●●



Bake in the oven for 30 mins, then turn off the oven and leave the meringues inside until cool.