

Make Meringue Microbes

Try this simple recipe to make meringue microbes which are fun to eat and decorate with kids. Help your child learn about the role of microbes in the lungs.

You will need:

3 Eggs



200g
Caster sugar



Assorted
decorations

Mixing
bowl



Electric
whisk

Baking
tray



Pre-heat

your oven to 120°C

How to:



Separate the egg white from the egg yolk.



Whisk the egg whites until they are foamy. Start adding the sugar a spoon at a time.



When the mixture is stiff and shiny, stop whisking. Scoop up the meringue with 2 spoons.