

15 mins



Even very small babies can enjoy the sensation of the balloon's movement by tying a length of ribbon or string to the knot and allowing your baby to grab it and make the balloon move.

Science

As soon as we are born and take our first breath, our pristine new lungs are exposed to all the microbes that are in the air and those from our mum during and after birth. These microbes are nothing to be frightened of, they make a home in our lungs and help to keep us healthy. They are called the lung microbiome.