



Ellen, London

“I help to run a programme of creative activities and events for under fives and their families all about breathing and lung health (which this activity book is part of). I work with OKIDO and the nurses, doctors and scientists from Breathing Together to develop fun ways to engage young children with breathing and the lungs. I have a two year old daughter so developing creative activities for under fives is very useful for life at home too! It has been such a rewarding experience to develop an understanding of how babies and young children play, explore and discover the world around them.”

