



Try playing noughts and crosses on the window with older children.

Science

When we breathe out, our breath contains water vapour. The inner linings of our lungs are moist and so the air we breathe in picks up water from the surfaces of the lungs. Our lungs are also warm, warmer than the outside air, so air that we breathe in becomes humid which means we can easily create condensation with our breath on cooler surfaces.

How to:



Have your child breathe onto the mirror using a HAAAH sound from the bottom of their lungs.



Now you help them and make as much condensation as possible.



Let your child make some marks in the condensation and watch it disappear.