

15 mins



Don't forget to decorate your painting after it has dried. You can add eyes to your shapes to make them into monsters and aliens.



Science

We all started life in our mum's womb with lungs filled with fluid but as soon as we were born the fluid was squeezed out and we had to start breathing air for ourselves.

When we took our first breath, the blood vessels in and around our lungs expanded and the blood flowed to our lungs to collect the oxygen from the air we breathed in.